

Our licensed counselors can help children and teens address a variety of issues, including:

- Anxiety
- Depression
- Bullying
- Academic pressures
- Attention disorders
- Learning difficulties
- Eating disorders
- Identity concerns
- Behavioral issues
- Life changes such as separation or divorce
- Grief and loss
- Sexual abuse
- Family dynamics

The JFCS Faye Manger Counseling Department offers guidance for children and

> **Our integrative approach** involves parents and caregivers in the therapeutic process, encouraging consistency and support at home

teens (ages 3 to 18)

JFCS is committed to making mental health affordable for all! We accept Medicaid, Medicare, and most insurance plans. Sliding fee scale available for those without insurance.

See more on reverse side.

Contact us now for appointment availability: (856) 424-1333 or counselingintake@jfedsnj.org







Play Therapy Communicating with Children in the Language they Speak

Play is known to relieve feelings of stress and boredom, create positive connections with others, stimulate creative thinking, and regulate emotions – allowing children to practice skills they need to thrive. Through play therapy, children learn to communicate with others, express themselves, modify their behavior, and develop problem-solving skills.

The Dr. Edward Rosof Play Therapy Room offers a safe, welcoming space where JFCS counselors can build rapport and establish trust with young clients through play. The fun and nurturing environment facilitates open communication and allows our staff to better understand the unique issues each child may be facing.

While play therapy can benefit people of all ages, it is especially helpful for children ages 3 through 12 who are struggling with a variety of issues – including anxiety, depression, bullying, divorce, or grief.



If you are interested in pursuing play therapy for your child at JFCS, please call us at (856) 424-1333 or email counselingintake@jfedsnj.org.

For more than three decades, Dr. Edward Rosof was dedicated to the challenges of diagnostic pediatrics and attentive to excellence in patient care. He was named a regional "Top Doc" by both Philadelphia Magazine and South Jersey Magazine. The Dr. Edward Rosof Play Therapy Room was lovingly created to honor Dr. Rosof's legacy and was made possible through generous donations from his partners at Advocare Marlton Pediatrics: Dr. Howard Orel, Dr. Jeffrey Blackman, and Dr. Howard Waxman.



